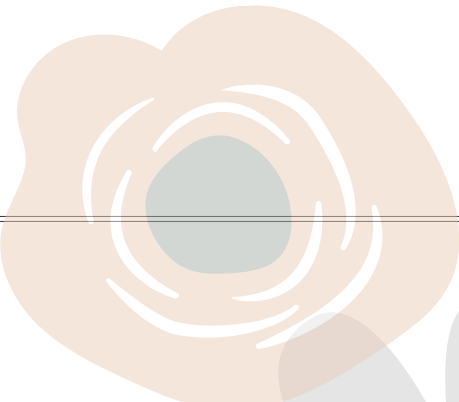
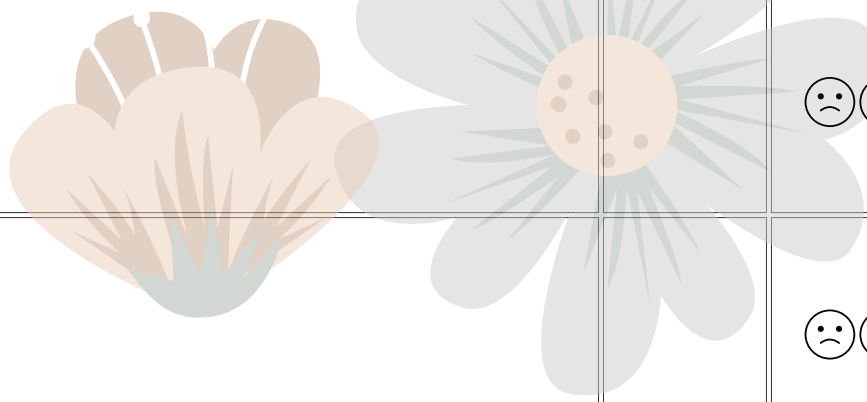


# DÉFI 0 DÉPENSE

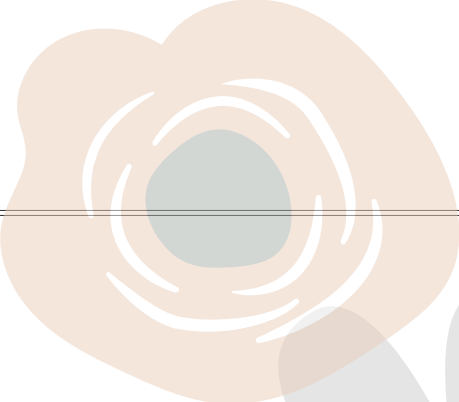
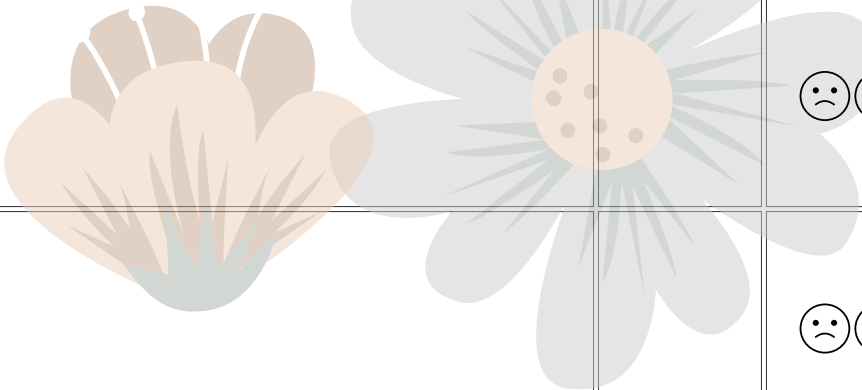
Semaine 1

	ENVIES	COÛT	NIVEAU DE DIFFICULTÉ
L			☹️☹️☹️😊😊
M			☹️☹️☹️😊😊
ME			☹️☹️☹️😊😊
J			☹️☹️☹️😊😊
V			☹️☹️☹️😊😊
S			☹️☹️☹️😊😊
D			☹️☹️☹️😊😊



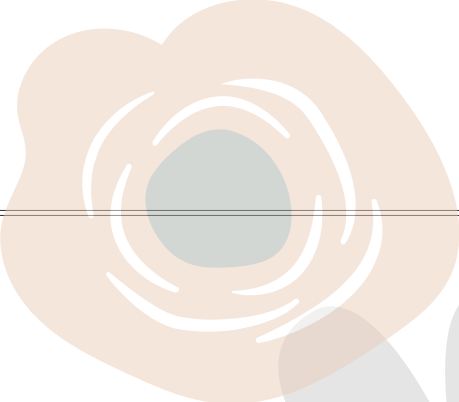
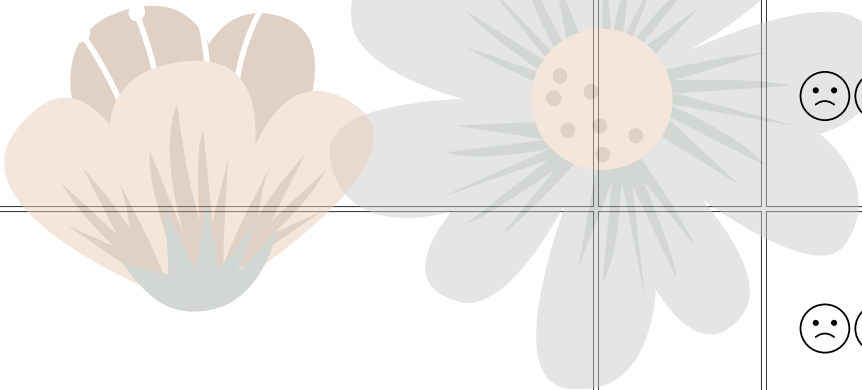
# DÉFI 0 DÉPENSE

Semaine 2

	ENVIES	COÛT	NIVEAU DE DIFFICULTÉ
L			☹️☹️☹️😊😊
M			☹️☹️☹️😊😊
ME			☹️☹️☹️😊😊
J			☹️☹️☹️😊😊
V			☹️☹️☹️😊😊
S			☹️☹️☹️😊😊
D			☹️☹️☹️😊😊

# DÉFI 0 DÉPENSE

Semaine 3

	ENVIES	COÛT	NIVEAU DE DIFFICULTÉ
L			☹️☹️☹️😊😊
M			☹️☹️☹️😊😊
ME			☹️☹️☹️😊😊
J			☹️☹️☹️😊😊
V			☹️☹️☹️😊😊
S			☹️☹️☹️😊😊
D			☹️☹️☹️😊😊